



**NORTHEAST DIGESTIVE
HEALTH CENTER**
1070 Vinehaven Dr. NE
Concord, NC 28025
704-783-1840

Name _____ DOB _____
Appointment date _____
Arrival Time _____
Location _____
Physician _____

Information and Instruction for ERCP (Endoscopic Retrograde Cholangiopancreatography)

You have been scheduled for an ERCP. An ERCP is a procedure to examine the bile ducts utilizing a flexible endoscope and x-ray equipment.

Preparation

YOU WILL BE ASKED NOT TO EAT OR DRINK ANYTHING 6 HOURS BEFORE YOUR EXAMINATION.

If you are a diabetic or on blood thinning medications (Coumadin, Plavix, or Aspirin) please notify your nurse or medical office assistant.

If you wear dentures, do not use denture adhesive before coming for your procedure as you will be asked to remove your dentures before the examination starts.

SOMEONE MUST ACCOMPANY YOU, STAY IN THE FACILITY AND DRIVE YOU HOME. YOUR PROCEDURE COULD BE POSTPONED OR CANCELED IF YOUR DRIVER IS NOT PRESENT.

Procedure

Upon arrival you will be taken to a procedure room for the examination. You will be asked to sign a consent form. You will be placed on your left side or on your stomach and a topical anesthetic may be sprayed into the back of your mouth, and then swallowed. You will be given intravenous anesthesia for this procedure. The endoscope is passed through your mouth to the location where your bile ducts open into the duodenum (first portion of the small intestine). A smaller tube is passed through the scope and into the bile duct opening and x-ray dye is injected to make the ducts show up on x-ray. X-rays are taken as the dye is injected. Instruments may also be used to enlarge the bile duct opening or remove bile duct stones.

Post Procedure

The physician will talk to you and your family member(s) after the procedure. Because you have been given sedation, you will be discharged to your vehicle with assistance. Written instructions will be given to you regarding diet and level of activity for the remainder of the day. Occasionally, an overnight hospital stay may be required so please plan accordingly.

If you have any questions or concerns feel free to call the office at (704) 783-1840.