



**NORTHEAST DIGESTIVE  
HEALTH CENTER**

**SmartPill Capsule  
Patient Preparation Information and Instructions**

1. In preparation for the Test please discontinue the use of the medications listed below according to the schedule:

Schedule	Type	Examples
7 days before	Proton pump inhibitors	Omeprazole, Lansoprazole, Nexium
48 Hours	Histamine2 blockers	Zantac, Pepcid
48 Hours	Motility-altering medications	Cisapride, Domperidone, Metoclopramide (Reglan)
48 Hours	Antiemetics & 5HT3 anatagonists	Zofran, Kytril
48 Hours	Macrolides	Erythromycin, Zithromycin
48 Hours	Anticholinergics	Phenergan, Compazine
48 Hours	5HT4 partial agonists	Zelnorm
24 Hours	Antiacids	Maalox, Mylanta, Rolaids, Tums

2. The Evening Before the Test \_\_\_\_\_

- You must fast overnight before your test. Do not eat or drink anything after 12 midnight the night before the test.
- Refrain from tobacco use during the fasting period.
- Refrain from alcohol consumption 24 hours before the test and for the duration of the test.

3. The Day of the Test \_\_\_\_\_

- Do not eat, drink, or smoke anything before coming to the doctor's office. The SmartPill test will include a small meal that will be provided to you at the office.
- If you are a diabetic, take one half of your insulin dose, unless otherwise instructed by your doctor.
- You should arrive at the office at \_\_\_\_\_.

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