



Procedure:

Date – _____

Arrival Time – _____

Do not eat or drink for 6 hours prior to your procedure.

Any consumption will result in a delay or cancellation of your procedure.

You must have a driver bring you to the procedure, remain on the premises throughout the procedure and drive you home. Failure to do so will result in delay or cancellation of your procedure.

Location – Atrium Cabarrus Hospital
200 Medical Park Drive
Concord, NC 28025

Physician – _____

Information and Instructions for an EUS:

EUS is used to evaluate known abnormalities, including lumps or lesions, which were detected at a prior endoscopy or were seen on x-ray tests. EUS provides a detailed image of the lump or lesion, which can help your doctor determine its origin and help treatment decisions. EUS is also used to diagnose diseases of the pancreas, bile duct and gallbladder when other tests are inconclusive or conflicting. Upon arrival, you will be taken to a pre-procedure holding area. You will be asked to sign a consent form and answer some questions about your health history and current condition. An intravenous catheter will be placed in your arm.

You will be taken to a procedure room for the examination. You will be asked to lie on your left side for the procedure. Sedation will be given via the intravenous catheter. You may be given topical anesthetic spray to the back of your throat. The procedure itself can last up to one hour. Your recovery time is about 30 minutes. The physician will talk to you and your driver after the procedure. Due to the sedative you have been given you may not remember this later, so written instructions will also be given to you regarding the results, your diet and activity for the remainder of the day.

Do not plan to drive, work, operate machinery, or make important decisions the rest of the day.

Day of Your Procedure:

Do not eat or drink for 6 hours prior to your procedure. Eating or drinking within 6 hours of your procedure could cause a delay or cancellation.

Do not use denture adhesive before your procedure as you may be asked to remove your dentures before the exam.

If you are diabetic, on the morning of your procedure you should hold all diabetes medication.

The morning of your procedure you may take medication for: High Blood Pressure, Heart Conditions, Asthma/Lung Conditions, Seizures, Thyroid Conditions. *Please take these with just a small sip of water.

If you take **Pradaxa, Xarelto or Eliquis**, please hold for 2 days prior to your procedure.

If you take **Iron**, please hold for 3 days prior to your procedure. *This does not include Multivitamins with Iron.

If you take **Plavix or Coumadin**, please hold for 5 days prior to your procedure.

If you have **Effient**, please hold for 7 days prior to your procedure. You do not have to hold Aspirin.